

JOE BADALI'S

RISTORANTE ITALIANO & BAR

WINTER
2011

EXECUTIVE CHEF ~ NORMAN K. WONG

SOUP (ZUPPA)

ZUPPA DEL GIORNO - made fresh daily.....	5
MIXED MUSHROOM CHOWDER	5

APPETIZERS (ANTIPASTI) COMBINE FOR A NICE LUNCH, SHARE OR ADD TO ANY ENTRÉE

BRUSCHETTA - 3 pieces of toasted ciabatta bread, classic tomato basil, romano	6
CRISPY CALAMARI - served with spicy tomato sauce	7
MEATBALLS - three veal ricotta meatballs, simple tomato sauce	7
MUSSELS - 1 lb fresh steamed P.E.I. mussels, today's recipe	11
GRILLED CALAMARI - fresh puttanesca salsa	6
RISOTTO & MOZZARELLA FRITTERS - served with spicy tomato basil sauce	7
CLASSIC SHRIMP COCKTAIL - no nonsense shrimp cocktail with 6 juicy jumbo gulf shrimp	11
and our own cocktail sauce	
TURKEY MEATBALLS - three ground turkey and ricotta meatballs with tomato chipotle fondue and horseradish	8
QUATTRO FORMAGGIO GARLIC BREAD - baked ciabatta, garlic butter,	11
fontina, asiago, mozzarella and romano cheeses	
BADALI SAUSAGE - grilled Italian sausage, served with apricot chutney	3/piece
SEASONAL GREENS SALAD - <i>lemon herb vinaigrette</i> or <i>buttermilk pepper ranch</i> or <i>balsamic vinaigrette</i>	5
CAESAR SALAD - crisp romaine, house made roasted garlic dressing, lemon and toasted croutons	5

SALADS (INSALATA)

ADD ANY OF: GRILLED BONELESS CHICKEN BREAST or SEA SCALLOPS or ATLANTIC SALMON or SAUTÉED TIGER SHRIMP or FLAT IRON STEAK - 6 EXTRA

INSALATA DI POLLO - Seasonal greens or Caesar salad	13
topped with sliced grilled chicken breast and roasted portobello mushrooms	
BLUE CHEESE & STEAK SALAD - thinly sliced flat iron steak, crumbled blue cheese,	14
red onion and fresh California greens in a buttermilk pepper ranch dressing	
GRILLED VEGETABLE & ROASTED MUSHROOM SALAD - grilled eggplant, zucchini,	14
mixed mushrooms, roasted sweet red peppers served warm with roma tomatoes and goat cheese over mixed California greens, balsamic vinaigrette	
NIAGARA SALAD - sliced grilled chicken breast or sautéed shrimp, baby spinach,	15
sundried cranberries, seasonal berries, candied pecans with raspberry vinaigrette	
ITALIAN COBB SALAD - grilled chicken breast, crispy prosciutto, hard boiled egg, romaine lettuce,	15
crumbled gorgonzola cheese, classic tomato bruschetta topping with red wine vinaigrette	
GOAT CHEESE SALAD - mesclun mix, sun-dried cranberries,	12
candied pecans, goat cheese in a lemon herb vinaigrette	

SANDWICHES (PANINI)

EACH PANINI INCLUDES CHOICE OF: SOUP or ONE OF OUR SIDE SALADS or FRESH CUT FRENCH FRIES.
ADD ROASTED SWEET RED PEPPERS or CARAMELIZED ONIONS or SAUTEED CRIMINI MUSHROOMS - FOR JUST .75 EACH.

CIABATTA CLUB SANDWICH - peameal bacon, grilled chicken breast, mozzarella,	13
lettuce, beefsteak tomato, mayonaise on an Italian ciabatta	
BADALI'S STONE BAKED VEAL OR CHICKEN PARMIGIANA FLAT BREAD PANINO	13
veal or chicken baked with tomato basil sauce, mozzarella and provolone on a baked herb flatbread	
GRILLED FLANK STEAK PANINI - teriyaki marinade, sautéed spanish onions	14
beefsteak tomatoes, Italian ciabatta bun	
GRILLED U.S. GULF SWORDFISH - house-made tartar sauce, sliced cucumbers and lettuce, Italian ciabatta bun	15
CHICKEN CAPRESE SANDWICH - grilled chicken breast, sundried tomato tapenade, mozzarella,	13
roma tomatoes, fresh basil, ciabatta bun	
GRILLED & ROASTED VEGETABLE SANDWICH - grilled eggplant, zucchini,	13
mixed mushrooms, roasted sweet red peppers served warm with roma tomatoes and mozzarella cheese, sundried tomato tapenade, ciabatta bun	

SMALL PASTAS THESE ARE LUNCH SIZE SERVINGS OF SOME OF OUR GUESTS FAVOURITE PASTAS

ADD A SEASONAL GREEN SALAD or CAESAR SALAD - FOR \$3 EXTRA

PENNE POLLO ALL'OLIO - grilled chicken, sundried tomatoes, mushrooms,	9
fresh herbs, garlic, onion, white wine, tossed with E.V.O.O	
SPAGHETTI & MEATBALLS - spaghetti with veal ricotta meatballs in a classic tomato basil sauce	9
GNOCCHI WITH MUSHROOM - sautéed crimini mushrooms, roasted sweet red peppers in a Dijon cream sauce	9
PENNE PUGLIESE - rapini, Italian sausage, pepperoncini, E.V.O.O., garlic, onion, white wine	9
PENNE ALLA NORMA - whole wheat penne, roasted eggplant, portabello mushrooms,	9
tomato basil sauce, herb toasted breadcrumbs	
BUTTERNUT SQUASH RAVIOLI - large fresh ravioli stuffed with sweet butternut squash,	9
blush sauce, baby spinach	
RISOTTO WITH MIXED MUSHROOMS - premium arborio rice, crimini and portabello mushrooms,	9
vegetable broth, shaved pecorino romano cheese	



PIZZAS HOUSE MADE DOUGH USING IMPORTED ITALIAN "00" FLOUR.

AVAILABLE AS FULL SIZE PIZZA (ADD SIDE SEASONAL GREENS OR CAESAR SALAD \$3 EXTRA) OR LUNCH SIZE WHICH INCLUDES SIDE SEASONAL GREENS OR CAESAR SALAD. ALL PIZZAS ARE SERVED WITH A SPICY OLIO PEPEROCINO FOR YOU TO ADD AS DESIRED.

SICILIAN - pepperoni, house made meat balls, spicy Italian sausage, banana peppers, tomato sauce, mozzarella and provolone cheese	15
MARGHERITA - san marzano tomatoes, bocconcini, E.V.O.O., fresh basil.....	15
CLASSIC NEW YORK - pepperoni, mushrooms, sweet peppers, onions, tomato sauce, mozzarella.....	15
BACON, CHEDDAR CHEESEBURGER PIZZA - ground beef sirloin, tomato sauce, double smoked bacon, cheddar cheese, lettuce, and tomatoes	15
GRILLED & ROASTED VEGETABLE - caramelized onions, slow roasted tomato, roasted peppers, grilled portobello mushrooms, roasted garlic, sundried tomato, kalamata olive tapenade, goat cheese, fresh herbs	15
SMOKED CHICKEN, CHIPOTLE & ASIAGO CHEESE - smoked grilled chicken breast, caramelized onions, mozzarella, asiago, roasted chipotle pepper sauce	15
PROSCUITTO & ARUGULA - Niagara proscuitto, san marzano tomatoes, fresh arugula, shaved pecorino romano cheese	15

PASTAS TOSS IN: SLICES OF GRILLED CHICKEN BREAST 6 | SAUTÉED TIGER SHRIMP 6 | BADALI ITALIAN SAUSAGE 6

INCLUDES SEASONAL GREENS OR CAESAR SALAD

PENNE POLLO ALL'OLIO - grilled chicken, sundried tomatoes, mushrooms, fresh herbs, garlic, sautéed onion, white wine, tossed with E.V.O.O	14
FETTUCCINE ALFREDO - classic egg fettuccine with romano cheese and black pepper	13
SPAGHETTI & MEATBALLS - spaghetti with veal ricotta meatballs in a classic tomato basil sauce	14
PAPPARDELLE JAMBALAYA - grilled chicken breast, black tiger shrimps, hot Italian sausage, black olives, baby spinach, scallions, garlic, sautéed onion, E.V.O.O. and pappardelle noodles in a spicy tomato basil sauce	17
LINGUINI CON SCAMPI - black tiger shrimp, fresh arugula, sundried and plum tomatoes, red onions, grilled eggplant with linguini tossed in E.V.O.O., garlic, white wine	17
RIGATONI BOLOGNESE - house made meat and tomato basil sauce	13
GNOCCHI WITH SALMON - pan seared fresh Atlantic salmon, roasted red peppers, julienne carrots, tarragon cream sauce... ..	16
CHEESE TORTELLONI - ricotta cheese and fresh herb stuffed tortelloni with a sundried tomato and pesto cream sauce baked in its own dish	15
PENNE PUGLIESE - rapini, Italian sausage, pepperoncini, E.V.O.O., garlic, onion, white wine	15
MEDITERRANEAN PASTA - grilled chicken breast, kalamata olives, sweet peppers, oregano, caramelized onions, garlic, E.V.O.O, plum tomatoes, crumbled feta and tri-coloured fusilli	16
SPAGHETTI CARBONARA - spaghetti, crispy double smoked bacon, onion, parmesan cream sauce.....	14
PENNE ALLA NORMA - whole wheat penne, roasted eggplant, portabello mushrooms, tomato basil sauce, E.V.O.O., garlic, sautéed onion, herb toasted breadcrumbs	14
GLUTEN FREE RICE/CORN PENNE - San Marzano tomatoes, fresh pesto, sea scallops, E.V.O.O., garlic, white wine	16
PAPPARDELLE & TURKEY MEATBALLS - turkey ricotta meatballs, tomato basil sauce, romano cheese	15
RISOTTO WITH MIXED MUSHROOMS - premium arborio rice, crimini and portabello mushrooms, vegetable broth, shaved pecorino Romano cheese	16

PARMIGIANO

VEAL OR CHICKEN **19**
with pasta, tomato basil sauce, fresh vegetables and choice of soup or salad

FRESH PASTA BAR BUFFET

Every Thursday and Friday

2 fresh pastas, 3 salads, fresh vegetables, sliced roast beef, stone baked pizza selection, fresh fruit - \$15

FRUTTI DI MARE DEL GIORNO

TODAY'S FRESH SEAFOOD SELECTION
(market priced)

FRESH JUICES

No additives or preservatives, fresh squeezed daily

	10 oz.	16 oz.
Strawberry & Guava	6	9
Raspberry & Tangerine	6	9
Pomegranate Cider	6	9
Maple Syrup Lemonade	6	9
Cranberry & Pear Cider	6	9

PIATTI DEL GIORNO

Ask your server for today's special features.

E.V.O.O. = Extra Virgin Olive Oil | 00 = Imported Traditional Italian Pizza Dough Flour

We are independent and proud of it!



CARRY-OUT
Our entire menu is available for Carry-out



FESTE RISERVATI
Private parties of all sizes



WINE
Goes great with lunch



JOE'S LIFE LESSONS
Never eat more than you can lift