

JOE BADALI'S

RISTORANTE ITALIANO & BAR

SUMMER
WEEKENDS 2010

EXECUTIVE CHEF ~ NORMAN K. WONG

SOUP (ZUPPA)

ZUPPA DEL GIORNO - made fresh daily.....	5
ROASTED SWEET RED PEPPER AND ASIAGO CHEESE - a Joe Badali signature soup.....	5

SALADS (INSALATA)

INSALATA DI POLLO - Seasonal greens or Caesar salad topped with sliced grilled chicken breast and roasted portobello mushrooms	13
BLUE CHEESE & STEAK SALAD - thinly sliced flat iron steak, crumbled blue cheese, red onion and fresh California greens in a buttermilk pepper ranch dressing	14
GRILLED VEGETABLE AND ROASTED MUSHROOM SALAD - grilled eggplant, zucchini, mixed mushrooms, roasted red sweet peppers served warm with roma tomatoes and goat cheese over mixed California greens, balsamic vinaigrette	14
CAPRESE SALAD - fresh mozzarella, sweet red onion, sliced ripe tomato, fresh basil, E.V.O.O. and aged Balsamic	14
NIAGARA SALAD - sliced grilled chicken breast or sautéed shrimp, baby spinach, sundried cranberries, seasonal berries, candied pecans with raspberry vinaigrette	15
CRISPY PARMESAN CRUSTED CHICKEN SALAD - Mixed seasonal greens, crispy chicken breast, grated Romano, Ranch dressing	13
SEASONAL GREENS SALAD - <i>lemon herb vinaigrette</i> or <i>buttermilk pepper ranch</i> or <i>balsamic vinaigrette</i>	5
CAESAR SALAD - crisp romaine, house made roasted garlic dressing, lemon and toasted croutons	5

SANDWICHES (PANINI) ALL SANDWICHES INCLUDE: SOUP OR SALAD OR FRIES

ADD ROASTED RED SWEET PEPPERS OR CARMELIZED ONIONS OR SAUTEED BUTTON MUSHROOMS FOR JUST .75 EACH.

CIABATTA CLUB SANDWICH - peameal bacon, grilled chicken breast, mozzarella, lettuce, beefsteak tomato, mayonaise on an Italian ciabatta	13
BADALI'S STONE BAKED VEAL OR CHICKEN PARMIGIANA FLAT BREAD PANINO	12
veal or chicken baked with tomato basil sauce, mozzarella on a baked herb flatbread	

SMALL PASTAS

THESE ARE LUNCH SIZE SERVINGS OF SOME OF OUR GUESTS FAVOURITE PASTAS.

ADD A SEASONAL GREEN SALAD OR CAESAR SALAD FOR \$3 EXTRA

PENNE POLLO ALL'OLIO - grilled chicken, sundried tomatoes, mushrooms, fresh herbs, garlic, white wine, tossed with E.V.O.O	8
SPAGHETTI AND MEATBALLS - spaghetti with veal ricotta meatballs in a classic tomato basil sauce	8
RIGATONI BOLOGNESE - house made meat and tomato basil sauce	8
PENNE PUGLIESE - rapini, Italian sausage, pepperoncini & E.V.O.O., garlic, white wine	8
PENNE ALLA NORMA - whole wheat penne , roasted eggplant, portabello mushrooms, tomato basil sauce, herb toasted breadcrumbs	8
BUTTERNUT SQUASH RAVIOLI - large fresh ravioli stuffed with sweet butternut squash, blush sauce, baby spinach	9

PIZZAS HOUSE MADE DOUGH USING IMPORTED ITALIAN "00" FLOUR.

AVAILABLE AS FULL SIZE PIZZA (ADD SIDE SEASONAL GREENS OR CAESAR SALAD \$3 EXTRA) OR LUNCH SIZE WHICH INCLUDES SIDE SEASONAL GREENS OR CAESAR SALAD.

TUSCAN CHICKEN - grilled chicken breast, kalamata olives, red onions, spinach, roma tomatoes, with feta and mozzarella	14
MARGHERITA - san marzano tomatoes, mozzarella, E.V.O.O., onion, fresh basil.....	14
CLASSIC NEW YORK - pepperoni, mushrooms, sweet peppers, onions, tomato sauce, mozzarella	14
ITALIAN MEAT AND CHEESE - cacciatore salami, capicollo spicy Italian sausage	14
tomato sauce and mozzarella	
GRILLED AND ROASTED VEGETABLE - caramelized onions, slow roasted tomato, roasted peppers, grilled portobello mushrooms, roasted garlic, sundried tomato, kalamata olive tapenade, goat cheese, fresh herbs	14
SMOKED CHICKEN, CHIPOTLE AND ASIAGO CHEESE - smoked grilled chicken breast, caramelized onions, mozzarella, asiago, roasted chipotle pepper sauce	14
PIZZA BIANCO - prosciutto, red onion, mozzarella, fontina, bechamel cheese sauce	16
parmesan cream sauce, herb toasted breadcrumbs	



SATURDAY & SUNDAY BREAKFAST MENU

SERVED 11AM TO 3PM SATURDAY AND SUNDAY.

JOE BADALI'S TRADITIONAL SCRAMBLER - 3 fresh eggs scrambled with your choice of Canadian Peameal bacon, or Apple Smoked bacon, or spicy Italian sausage, with home fried potatoes, Italian Ciabatta toast and fresh fruit garnish	13
FRITTATA CIABATTA - two farm fresh eggs frittata with apple smoked bacon, sweet red peppers, and red onion served on a toasted Italian Ciabatta loaf with home fried and fresh fruit garnish	11
FRESH FRUIT PLATE - cantaloupe, honeydew, grapefruit, and fresh strawberries served with yogurt	13
FEATURE OMELETTE - three fresh eggs, with the todays featured ingredients, served with home fried potatoes, Italian Ciabatta toast, fresh fruit garnish	13
STEAK AND POTATOES - AAA Alberta flatiron steak grilled to your liking, topped with sautéed mushrooms and onions, served with home fried potatoes and fresh fruit garnish	18

BREAKFAST BEVERAGES

No Alcohol

FRESH PRESSED BLEND OF RASPBERRY AND LEMONADE JUICE	SM (8oz) 6 LG (12 oz) 8
FRESH PRESSED RASPBERRY AND TANGERINE JUICE	SM (8oz) 6 LG (12 oz) 8
ORANGE JUICE (NOT FROM CONCENTRATE)	SM (8oz) 4 LG (12 oz) 5.5
STILL AND SPARKLING WATERS - San Pelligrino or Aqua Panna	SM 4 LG 6
COFFEES - Cappucino, Café Latte or Espresso	4

Italian Inspired and Fresh Pressed Juice Cocktails

ITALIAN MARGARITA - an ounce each of Campari and Tequila fresh pressed lime juice and honey syrup drizzle, shaken over ice and served in a short glass

SUNSET LEMONADE - one ounce of Campari, a half ounce of triple sec, fresh pressed lemonade and raspberry syrup shaken over ice and served in a tall glass

ROMAN DAWN - one ounce of Campari, a blend of fresh pressed raspberry and tangerine juices, drizzle of almond syrup, shaken over ice, served in a short glass

THE BLOODY MOJITO - an ounce of Campari, generous pour of freshly pressed blood orange juice, mint, cane syrup, hint of ginger and fresh lime juice topped with a splash of soda

\$8.95

*Great cocktails available after 11 am.
Plus applicable taxes.*

We're proud to have a "Heart Friendly Menu". Please ask your server and they will be pleased to bring one for you.

E.V.O.O. = Extra Virgin Olive Oil | **00** = Imported Traditional Italian Pizza Dough Flour

We are independent and proud of it!



CARRY-OUT
Our entire menu is available for Carry-out



FESTE RISERVATI
Private parties of all sizes



WINE
Goes great with lunch



JOE'S LIFE LESSONS
Never eat more than you can lift